Rhodochrosit - Remarkable energy transmitter that warms the Heart. Arousing feelings of love, tenderness and compassion. Emits vibrations that generate real strength around the people who possess it. Providing peace of mind. Is an anti-stress stone, helps in disease of Parkinson's and MS (multiple sclerosis).

Ruby - Stone of truth. Purify the Ruby activates and vivifies all the Body. Stimulates and warms the energy of love that is inserted into this stone, encompassing the whole sexual range in divine universal love. Gives courage to the brave. Is a protective stone, effective for blood circulation, gout and fever in certain

<u>Sapphire</u> - An excellent stone for meditation. Vibration in the reminds of the presence of the divine.

Put out a path without direction, illusions and doubts. Achieve the victories in our goals. Decreases the fever and regularizes the tension. Asthmatic diseases, it is advisable to use a sapphire on the heart.

Serpentine - Contains a lot of magnesium and as such is effective for the muscular system. it will be used for back pain. The magnesium will provide calcium fixation. To get rid of the vices. The Serpentine is a stone of humility. The end of internal conflicts.

<u>Sodalite</u> - The opaque blue gives more physical effects. The Sodalite gives us what is most favorable in deciding for something. Realizing our ideas, giving us enough courage to keep our own point of view. Has a beneficial influence on the nervous system.

<u>Smoked Quartz</u> - The color of the cloud of smoke represents the mystery. Raises our level of consciousness, brings stability and responsibility. Is a focus of energy. It is a stone that brings us reflection. Is recommended for people who are always in a hurry. Very useful after a cure.

<u>Sugilite</u> - Is essential in times of difficult transformations. Is a protection against the risks of suffering related to this period. Letting the divine will flow into us. The Sugilite is linked in particular to the Reiki, who to integrate the spiritual energy into the physical body. Effective stone to purify blood, glands, body in genéral.

<u>Sun Stone</u> - It develops a more positive, expressive and radiant attitude. Excellent stone for pessimists or introverts. It promotes a more solar expression in women. A softer masculinity in men.

Tiger Eye - Protective stone, allows us to get closer to our goal in self-realization. Put on the chest can soothe asthma, also serves to improve vision and brings energy to the body.

Tourmaline - Your splendor penetrates the most resistant blockages. Releasing the energies, allowing us to fill a new spiritual force, rather than the old standards prevail. Also used against Vertigo. Green Tourmaline regulates tension. Black Tourmaline protects us from negative energies.

Turquoise - Excellent therapeutic stone. Also known as the protective stone of accidents. It acts against shyness and excess of emotivity. Beneficial for throat diseases, lungs. communication problems and stuttering.

The protective stones

Black tourmaline/Tiger's eye/ Labradorite/ Onyx/ Turquoise

Stones to free yourself from addictions

Amethyst - Opening of the spirit world. Used in cases of

Rock Crystal - Energizes, clarifies, amplifies the energy of other stones.

Larimar - It soothes internal conflicts, tension, self-acceptance

and not judging.

Fenacita - It helps to free from repetitive patterns from the past.

Renaissance Stone

Smoked Quartz - Focus and courage. Smoking addiction. Smoked Quartz - Focus and courage. Smoking addiction.

Rose Quartz - Heart Stone, self-love, emotional security.

Serafinite - Increased love that leads to liberation. Stone for all types of dependencies (addictions)

Serpentine - Humility, finish internal conflict.

Sugilita - Reunification of the spiritual world and the material world. Avoids the escape of reality (drugs, sects, etc.) Protection of sensitive people in the changing phase.

Childrens's stones

Children are sensitive to lithotherapy and the energy of stones, react generally faster than adults to healing effects.

Agate foam - Strengthens contact with nature. Aquamarine - Fever, calming, inflammatory conditions, problems with liver or solar plexus.

Amber - Relaxation, angina and respiratory infections. Solar plexus strains and first dentition in babies.

Amethyst - Excitement, calm, impulsive states, headaches and insomnia due to excitement.

Aventurine - Emotions, nervousness and heart palpitations. Good for studies.

Chalcedon - Speech difficulty and facilitates oral expression.
Charotte - Effective for anxiety, nightmares and sleepwalking.
Chrysocolo - It soothes the nervous, harmonizes the children in groups, the environment and quiet conversations.

Citrine- Self-confidence, affirmation of personality and vivacity. Florita - It clarifies ideas, harmonizes cerebral functions,

concentration and focus.

Hematite - Physical reinforcement, useful in cases of anemia, physical and psychological protection.

Tiger 'sEye - Protection against envy and cold (flu).

Rose Quartz - Sweetness, feeling of safety and maternal love.

Sodalite -It stabilizes the nervous system and facilitates

learning.

GENÈVE Rue de Berne 19 **SUISSE** Tel.: +41 227323436

VILAMOURA Marina de Vilamoura 51 PORTUGAL. Tel.: +351 289106983

E-mail: info@pedras.shop www.pedras.shop

THE MEANING OF THE CRYSTALS STONES



Agate - It maintains stability, strengthens self-confidence, perseverance and courage.

In pregnancy protects the fetus. It also decreases febrile infections.

<u>Fossil Agate</u> - This stone has a terrestrial energy, sea and a lot Nutritious liquids, receptivity, away from constipation. It is used in FENGSHUI or talisman to increase the cash flow.

Aguamarine - It allows to find love and truth buried in the depths of every human. Creativity, clarity, whiteness is effective in sore throat. Relieves pain in the neck, airway and lungs. It helps in cases of depression.

Amber - Splendor and success. Optimism, free the anxieties and warms the body. Promotes self-healing. Relieves children's toothache. Use amber in the painful parts to calm down. Promotes the cure of asthma and bronchitis.

<u>Amazonite</u> - It relaxes the tensions of the neck and back. The composition helps in the absorption of calcium. Effective in combating osteoporosis and deterioration of teeth. In the heart Chakra will bring happiness and tenderness.

<u>Amethyst</u> - It calms the nerves. It strengthens love and allows to live in harmony with the partner. It brings a restful sleep, cleans the dreams, purifies the blood vessels, helps in the case of alcoholism and chemical dependencies. Elevates spiritual strength. It relieves migraines.

Apache Tear - It's a very effective stone. Fires the Flashes that allow you to see the past and the future. Gives an objective thought and allows a control of the feelings about the sacred Chakra. Rebalances the intestine and regenerate the kidneys. In the heart, allowed to comprehend a situation of great sadness, relieving emotion.

Apatite - Strengthens the musculature and reduces nerve tension. It should be used in cases of Spasmophilia and tetany. It soothes the cramps, alleviates stuttering cases, boosts extra sensory abilities and enhances the ability to listen. Geobiologically neutralizes the incidence of telluric radiation and very effective for slimming.

Aventurine - It soothes the emotions of the heart. Strengthens self healing, provides calm and serenity. Effective in skin and heart diseases.

Blue Topaz - Excellent stone against headaches. Nominated for speakers, artists and musicians. It's the artist's muse. It is recommended to speak to the public in a general way. Psychologically relaxes rigid thoughts.

The meanings of stones, diseases and psychological disorders

Charoite - This stone acted directly on negative emotions. Bringing a purification of the unconscious. Eliminating all negative content. Effective in case of nightmares, sleepwalking and nocturnal anxiety. Suitable for any therapy that seeks the cure of unconscious life. The message of the Charoite "Purifying my unconscious emotions, I am free and do consciously." The Charoite strengthens the heart.

<u>Chalcedony</u> - It makes us less irritable and less sensitive, especially when we get the skin nerves, it serves in the case of vocal folds failures, promotes the vivacity and Softness.

<u>Citrine</u> - It brings optimism, helps solve emotional problems or assimilates them. Draw positive conclusions, reinforces the inner light and combating depression. Digestive problems and purifies the skin. Stone of the Fartura!!!

<u>Coral</u> - It teaches us about strength, binds us to the purifying power and revitalizing water. Protects us from negative influences. Strengthens our ability to visualize and help in the meditation. The red coral is effective in case of anemia, circulatory disorders and infertility. Supports the function of kidneys and bladder.

<u>Carnelian</u> - It allows us to live the present moment, brings Dynamism and vitality. To connect with the earth. Help distracted and confused people, who can't find sense in your life. Soothes rheumatism, purifies blood and accelerates the cure in case of sepsis.

<u>Crystal</u> - Energy, brings purity in our mind, intensifies the intuition and meditation. Clarifies and harmonizes the atmosphere of places. The Crystal is very close to the human, absorbing the energy of all stones. Is very effective in case of disturbance, balance and vertigo.

<u>Epidote or Unakite</u> - Very effective for the balance of heart.

Improves digestion metabolism. The presence of calcium in this stone helps with bone-related problems and rheumatism.

Emerald - The Stone of the light bearer, protects against diseases of the blood, because it strengthens the energy of the pancreas and the liver. Correct used in diabetes (pancreas), arthritis and rheumatism. Relieves pain in the spine area. It does not allow the use of other stones, except Diamond.

Fluorite - Allows recognizing and reflecting the truth, this is called the Stone of Genius. This stone elevates our mind to a level of perception that makes reality even more real and authentic than it was. Intuition, and allows us to live in harmony. Is considered an excellent means to combat mental disorders.

<u>Grenade</u> - Develops self-confidence and perseverance necessary for the realization of the projects. Bringing the pleasure of action and success assured, protects us against evil and hidden dangers. Soothes rheumatism, arthritis and problems genitals.

Hawk's Eye - Improves vision disturbances by giving effects powerful and effective. Purifies the bronchi, helps to better accept novelty and other ways of thinking. Provides a little joy.

<u>Hematite</u> - Courage in difficult times. Allows us to leave of certain situations with determination and wisdom. Is used for cramps, back pain, stiffness in the neck. It is a very good stone for the blood, strengthens the regenerative capacity of the body and promotes sleep.

Hematoid Quartz - Rusty red color is given by the presence of iron oxide, for this reason this name. This Quartz in particular corresponds to the first energy centre of the human organism called Root Chakra. It acts by reinforcing the vital energy. Connecting the ground forces. Its most specific aspect is to help transmute the rage. Allowing the blocked energy of emotion to be released and made available for other use.

<u>Imperial Topaz</u> - Stone of physical vitality, distributes energy throughout the body. Assists in cases of anxiety and depression. Imperial Topaz stimulates mind and intellectual clarity. Softens nerve shocks and combats trauma that causes depression.

<u>Jade</u> - The message of Jade is harmony and peace. Inner relaxation, helps us discover the beauty of creation and forms. Makes us righteous and modest. Strengthens and deepens the bonds of the heart, this stone has positive effects for the kidneys and the bladder.

<u>Jasper</u> - Stone that brings vitality, physical strength and conveys wisdom. Protects and purifies. Strengthens the patience and desire for generosity. Jasper develops the sense of smell and eases the nausea.

Is also used in case of epilepsy, gout and nightmares. Strengthens the stomach, intestine, gallbladder, liver and spleen.

<u>Red Jasper</u> - Physical vitality and energy strengthening body. Courage, entrepreneurship and strength in the legs.

Yellow Jasper - It fights the weakness of pancreas and the consequences; diabetes and cholesterol. You most have to clean every day alternating with another. Sometimes some liver problems such as poor digestion, and can be improved with a Yellow Jasper in the liver.

<u>Labradorite</u> - The Labradorite acts as a species of shield, absorbs negative energies, which comes from the other negatively. Protecting your users. Does not penetrate! It amplifies the gift of curing others. It's a rock that favors making friendships. It should be used by the class that works in the health area, social worker because it protects them from all the malaise's of their patients.

<u>Lapis-Lazuli</u> - Together with Golden Pyrite this stone show you the sky of starry night. Is sacred and brings wisdom to mankind (Stone of the Pharaohs). Facilitates intuition and strengthens the spirit of solidarity. Promotes harmony in human relations. Suppresses cramps, fever, calm, neuralgia and insect bites. We get good results in case of very high pressure and depression.













<u>Magnetite</u> - Stone of justice. Allows solving questionable situations. It brings rigor and righteousness, it helps to develop our own magnetism. In China is called Love stone, improves vision and strengthens the heart.

Malachite - It allows us to find our inner light and accept the our shadows, to love and respect others better. Helps restore the balance between feelings and mind. Is a moving stone. Is also used in case of cramps and for all inflammation. It is necessary to leave it in place until the suffering has disappeared.

Meteorite - A ferric meteorite will be very useful to prevent flu, near the folds of the heart and groin. That helps us understand why we're on this earth. And what we would have to respect more. Meditation will allow you to take a journey at the origin of the universe. Black Tourmaline should serve as a base.

<u>Moonstone</u> - As it's name suggests; has the powers of the moon. Increases the feminine qualities for example; softness, receptivity, intuition, healing by acceptance, love, protects travelers, serves to treat menstrual pain and eliminates blockages.

<u>Obsidian Snowflake</u> - It has the value of talisman, is advised to use with Rock Crystal, because the light of this facilitates and solves the conflicts that obsidian brings back to the surface. Purifies the vibrations. Is a good means of meditation.

Onyx - Acting on the dark beam of the cosmos. Has a direct effect on the immune system. Also improves the condition of skin, nails, hair and heart. Cures the ulcers and corrects hearing disorders. Spiritual Protection stone.

<u>Peridotus or Olivine</u> - It helps to overcome shyness and develop mental abilities. Calm and stabilize the emotions. Excellent for digestion, eliminate constipation, inflammation of the intestines and ulcers.

Pyrite - Pyrite of golden color and metallic luster is a more physical and intellectual than spiritual stone. It's a stone of concentration, constructive and rigorous. It stimulates the organization. It provides excellent memory, stimulates intellectual processes. Stone of FORTUNE. Is very much appreciated!

<u>Pietersita</u> - This stone strongly stimulates all endocrine glands, therefore assists in hormonal disturbances. It centralizes the etheric body. Allowing to absorb the energy where it is necessary.

Rose Quartz - The pink light of this stone encourages softness, tenderness, love, associated with the planet Venus. Is very good for the children. Facilitates the healing of heart disease. Makes it sensitive to music, painting and other arts. Stone of unconditional love.

Rutilado Quartz - The Rutilado quartz with golden colors is a communication stone, close relationships, networks for prosperity or welfare. Accelerates the healing and regeneration of organs related to Solar Plexus.